



SPORT - EXTRA CURRICULAR PROGRAMME - TERM 1 (2026)

| MONDAY | | | TUESDAY | | | WEDNESDAY | | | THURSDAY | | | FRIDAY | | | |
|--|----------------|--|--|----------------|---|---|----------------|---------------------|---|----------------|-------------------------------------|--|----------------|---------------------------|--|
| ACTIVITY | TIME | T.I.C. | ACTIVITY | TIME | T.I.C. | ACTIVITY | TIME | T.I.C. | ACTIVITY | TIME | T.I.C. | ACTIVITY | TIME | T.I.C. | |
| CROSS COUNTRY Venue: Bottom Field | 14h30 To 16h00 | Ms Chimanikire | CROSS COUNTRY Venue: Bottom Field | 14h30 To 16h00 | Mr Dube | CROSS COUNTRY Venue: Bottom Field | 14h30 To 16h00 | Ms Theron | CROSS COUNTRY S&C Venue: Top Field | 14h30 To 16h00 | Ms Moosa, | CROSS COUNTRY S&C Venue: Top Field | 14h15 To 16h00 | Ms Smith | |
| BASKETBALL Venue: Basketball Court | 14h30 To 16h00 | Mr Lusembo, Mr Matusadila | | | | | | | | | | BASKETBALL Venue: Basketball Court | 14h30 To 16h00 | Mr Lusembo, Mr Matusadila | |
| CRICKET Venue: Top Field Cricket Nets | 14h30 To 16h00 | Mr Basadien, Mr Moyo, Ms Moyo | CRICKET Venue: Top Field Cricket Nets | 14h30 To 16h00 | Mr Basadien, Ms Moyo | Cricket Match (girls) Mr Basadien, Mr Moyo, Ms Moyo | | | Cricket Match (boys) Mr Basadien, Ms Moyo | | | | | | |
| | | | SQUASH Venue: Parkview Squash Courts | 14h30 To 16h00 | Ms Protopappas, Ms Minnies, Mr Moyo | | | | SQUASH Venue: Parkview Squash Courts | 14h30 To 16h00 | Ms Protopappas, Ms Minnies, Mr Moyo | SQUASH Girls matches: Ms Protopappas, Ms Minnies, Mr Moyo | | | |
| CHESS Venue: T2.4 | 14h30 To 16h00 | Mr Nkosi, Mr Lusembo, Ms Wooley | CHESS Venue: T2.4 | 14h30 To 16h00 | Mr Nkosi, Mr Lusembo, Ms Wooley | CHESS Match | | | | | | | | | |
| ROBOTICS Venue: Tech Centre | 14h30 To 16h00 | Mr Shezi, Mr Malope | | | | ROBOTICS Venue: Tech Centre | 14h30 To 16h00 | Mr Shezi, Mr Malope | | | | | | | |
| | | | TOUCH RUGBY Venue: Top Field | 14h30 To 16h00 | Ms Motsepe, Ms B. Sibisi | | | | TOUCH RUGBY Venue: Bottom Field | 14h30 To 16h00 | Ms Motsepe, Ms B. Sibisi | TOUCH RUGBY MATCH Ms Motsepe, | | | |
| SWIMMING Venue: Swimming Pool | 14h30 To 16h00 | Ms Aitken, Ms Wooley, Ms Lubuzo, Ms Yapi | SWIMMING Venue: Swimming Pool | 14h30 To 16h00 | Ms Aitken, Ms Wooley, Ms Lubuzo, Ms Yapi, Mr Moli | | | | SWIMMING GALA Ms Aitken, Ms Wooley, Ms Lubuzo, Ms Yapi, Mr Moli | | | | | | |
| | | | RUGBY (GIRLS) Venue: Hockey Field | | | RUGBY (BOYS) Venue: Hockey Field | | | | | | RUGBY (BOYS & GIRLS) Venue: Bottom Field | | | |
| | | | NETBALL Venue: Netball Courts | | | NETBALL Venue: Netball Courts | | | | | | | | | |

****All Practices end at 16:00**

